

## Rebuilding Hope! Sexual Assault Center for Pierce County Therapist Disclosure Statement

**Name:** Katy Brown  
**Title:** Therapy Intern

**Education and Training:** Currently pursuing a Master of Education in Counseling at the University of Puget Sound; Bachelor in Social Work from Eastern University. Completed 32-hour course in Basic Sexual Assault Awareness Training (BSAAT), 23-hour Therapist Core Training with the Washington Coalition of Sexual Assault Programs, 12-hour Cognitive Processing Therapy Training with Medical University of South Carolina, and 13-hour Trauma Cognitive Behavioral Therapy Training with Medical University of South Carolina.

**Philosophy and Techniques:** My goal is to create a space where each client feels safe to explore their unique life experiences. You are deserving of safety, respect, and support. I believe in providing trauma-informed care and working together towards healing and growth.

**Course of Treatment:** Our work together will be informed by your individual goals for therapy and collaboration on the courses of treatment that will help you achieve those goals. We will discuss your expectations for therapy and any questions you have throughout the process of therapy. I am committed to engaging in honest communication and maintaining a supportive and healing environment.

**Confidentiality and Supervision:** The services provided to you by Rebuilding Hope! are confidential. Please refer to the agency Policy and Disclosure Statement for more information regarding confidentiality. Because of my status as a therapist intern and not a licensed mental health counselor, I will be operating under the supervision of both Stephanie Sacks, LMHC, NCC, Clinical Director of Therapy Services, and my professor at the University of Puget Sound, Heidi Morton, Ph.D., NCC, Assistant Professor; Practicum and Internship Placement Coordinator; M.Ed. Counseling program and Psychology faculty. In order to assist me in better understanding your needs and developing a beneficial treatment for us to pursue during therapy, I will receive supervision from these professionals and consultation from a student consultation group at the University of Puget Sound, and group consultation at Rebuilding Hope! My supervisor at Rebuilding Hope!, Stephanie Sacks, will have access to information about your case, including identifying information so that she can provide me with the best possible supervision. However, no identifying information will be disclosed in any other supervision or consultation setting outside of Rebuilding Hope!. I wish to respect your right to privacy and confidentiality to the best of my ability and I encourage you to ask any questions or express any concerns you may have. If at any time you wish to contact my supervisor, you are encouraged to call Stephanie Sacks at (253) 597-6424 ext. 2 or email her at [stephanie@hopesacpc.org](mailto:stephanie@hopesacpc.org).

*Counselors practicing counseling for a fee must be credentialed with the department of health for the protection of public health and safety. Credentialing of an individual with the department of health does not include a recognition of any practice standards, nor necessarily imply the effectiveness of any treatment. The purpose of the Counselor Credentialing Act, chapter 18.19 RCW is to: provide protection for public health and safety and empower the citizens of the state of Washington by providing a complaint process against those counselors who would commit acts of unprofessional conduct. Clients have the right to choose counselors who best suit their needs and purposes.*

*To comply with Washington state law, the following materials have been made available to the client: Washington State Department of Licensing brochure, Rebuilding Hope! SACPC Therapy Services Policy Disclosure Statement, Fee Contract, and the Therapist's Disclosure Statement.*

Client Name (Please Print) \_\_\_\_\_

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_

Agency Supervisor Signature \_\_\_\_\_ Date \_\_\_\_\_