



Therapy Program Teletherapy Consent

In addition to the Informed Consent for Service forms signed at Intake, I am being asked to review this teletherapy consent and sign below if I decide to participate in telecounseling with Rebuilding Hope. I understand that telecounseling is an option being offered to me because of

_____.

I understand that I may choose to accept or reject telecounseling services at any time.

While person-to-person counseling is considered best practice in most instances, telecounseling (sessions held over video or phone) can be useful when face-to-face is not possible.

Video therapy will be provided through a website called **doxy.me**. This website is HIPPA compliant and your sessions will not in any way be recorded or stored. You will not need to download an app in order to participate. Prior to your appointment your therapist will email or text _____(please list desired contact info here) you an invitation to your appointment. You will click on the link provided to join the therapist's virtual waiting room and be asked to enter your first name. You will be asked to allow your video and audio to be accessed so that you may see and hear your therapist in real time and they may see and hear you. When the session is over you or your therapist may end the session. Please fully delete the email or text from your device if you are concerned about the invitation being read by others.

Telephone sessions will be available as a last option for those clients who do not have video/cell phone/computer access to doxy.me or who feel most comfortable with a telephone session.

The therapist will maintain your confidentiality and privileged communication by meeting with you in a private room, with no others present and no audio heard by others. It is expected that you will maintain your confidentiality by doing the same. If you feel this may be difficult given your circumstances, you are asked to advise your therapist of this. In addition, if you feel unable to maintain the privacy of your space you may advise your therapist of this directly or by saying or typing a code word _____ and your therapist will discreetly end your session. At the beginning of each session you will be asked your current location for safety reasons. It is expected that clients choosing to

